



# Lung Support

*for healing the body and mind naturally!*



Lung Support is a product that was developed as a complementary therapy program that is accepted by Doctors and Practitioners as an aid to support and restore healing to the lungs from environmental exposure.

The lungs' main role is to bring in air from the atmosphere and pass oxygen into the bloodstream. From there, it circulates to the rest of the body.

Help is required from structures outside of the lungs in order to breathe properly. To breathe, we use the muscle of the diaphragm, the intercostal muscles (between the ribs), the muscles of the abdomen, and sometimes even muscles in the neck.

The diaphragm is a muscle that is domed at the top and sits below the lungs. It powers most of the work involved in breathing.

As it contracts, it moves down, allowing more space in the chest cavity and increasing the lungs' capacity to expand. As the chest cavity volume increases, the pressure inside goes down, and air is sucked in through the nose or mouth and down into the lungs.

As the diaphragm relaxes and returns to its resting position, the lung volume decreases because the pressure inside the chest cavity goes up, and the lungs expel the air.

The Lung Support patch is programmed with bio-energy frequencies to strengthen, and support proper lung function to the alveoli.

The alveoli are minute sacs that are microscopic in size, each wrapped in a fine mesh of capillaries. Each human has around 700 million individual alveoli.

**Lung Function:** The main function of the lungs is the process of gas exchange called respiration (or breathing). In respiration, oxygen from incoming air enters the blood, and carbon dioxide, a waste gas from the metabolism, leaves the blood. A reduced lung function means that the ability of lungs to exchange gases is reduced.

**Fast facts on the lungs:**

- The left and right lungs are different sizes.
- The lungs play a part in many functions, including regulating the acidity of the body.
- Smoking tobacco is the biggest cause of lung-related complaints.
- Preventive and lifestyle measures can help keep the lungs healthy.

Although they are a pair, the lungs are not equal in size and shape. The left lung has an indentation bordering where the heart resides, called the cardi ac notch. The right lung is shorter to allow space for the liver below.



## Lung Support

**Instructions:** The Lung Support patch is to be applied to your body, (left shoulder). It was developed to improve communication to the brain. Made to last for 3 days, then discard. Apply another patch and wear it for additional 3 days to increase lung activities.

**Repeat this procedure for 30 days to balance communication.**  
*If needed, continue with procedure for an additional 30 days.*

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