

Sinus patch is a product that was developed as a complementary therapy program that is accepted by Doctors and Practitioners as an aid to support and restore the body's energetic function.

Made in the U.S.A.

## **Sinus Infection**

A sinus infection is inflammation or swelling of your sinuses. Normally, your sinuses are filled with air. When the sinuses become blocked and filled with fluid, bacteria can grow there and cause infection. This infection is sinusitis.



## What Are the Symptoms of a Sinus Infection?

Symptoms of a sinus infection include:

- Thick, yellow, foul-smelling nasal discharge
- Pressure or pain around the face and eyes
- Headache (generally in the forehead area)
- Nasal obstruction
- Congestion
- Post-nasal drip
- A cold that won't go away or gets worse
- Fever or cough

## What Causes a Sinus Infection?

Any condition that blocks off the sinus drainage channels can cause a sinus infection. Such conditions include colds, allergies such as hay fever, non-allergic rhinitis, and nasal polyps, which are small growths in the lining of your nose.

A sinus infection may occur after a cold or may result from anatomic problems such as a deviated septum, which refers to a shift in the nasal cavity. If not treated, a sinus infection can last for weeks.

## **Proper Placement**

Place the Sinus patch on the upper left side of your shoulder. Energy travels through the body far better on the left side, according to ancient theories. Replace the patch every 3 days with a new one. The sinus patch uses frequencies of nutrients that are designed to accelerate the natural healing process of the sinus cavity.